

Evidenze scientifiche sui principi attivi – Condroxol joint

- Cicero A.F.G. et al. Short-Term Effect of a New Oral Sodium Hyaluronate Formulation on Knee Osteoarthritis: A Double-Blind, Randomized, Placebo-Controlled Clinical Trial. *Diseases* 2020, 8(3): 26.
- Benito-Ruiz P. et al. A randomized controlled trial on the efficacy and safety of a food ingredient, collagen hydrolysate, for improving joint comfort. *Int J Food Sci Nutr* 2009, 60:99-113.
- Genç A.S. et al. Effect of supplementation with type 1 and type 3 collagen peptide and type 2 hydrolyzed collagen on osteoarthritis-related pain, quality of life, and physical function: A double-blind, randomized, placebo-controlled study. *Jt Dis Relat Surg* 2025, 36(1): 85-96.
- Toguchi A. et al. Methylsulfonylmethane Improves Knee Quality of Life in Participants with Mild Knee Pain: A Randomized, Double-Blind, Placebo-Controlled Trial. *Nutrients* 2023, 15: 2995.
- Farpour H.R. et al. The Efficacy of Harpagophytum procumbens (Teltonal) in Patients with Knee Osteoarthritis: A Randomized Active- Controlled Clinical Trial. *Evid Based Complement Alternat Med* 2021: 5596892.
- Ayhan F.F. et al. The effect of combined hydrolyzed type 2 collagen, methylsulfonylmethane, glucosamine sulfate and chondroitin sulfate supplementation on knee osteoarthritis symptoms. *Turk J Phys Med Rehab* 2024;70(2):259-268.
- Bello A.E. and Oesser S. Collagen hydrolysate for the treatment of osteoarthritis and other joint disorders: a review of the literature. *Curr Med Res Opin* 2006, 22 (11), 2221–2232.
- Wakeman M. A Review of the Literature Relating to Collagen Hydrolysate and Its Potential Clinical Applications. *JAMMR*, 2021, 33(15): 6-20.
- Oe et al. Oral hyaluronan relieves knee pain: a Review. *Nutrition Journal* 2016, 15:11.
- Chrubasik S. et al. Comparison of outcome measures during treatment with the proprietary Harpagophytum extract Doloteffin® in patients with pain in the lower back, knee or hip. *Phytomedicine* 2002, 9: 181–194.
- Wegener T. and Lüpke N.P. Treatment of Patients with Arthrosis of Hip or Knee with an Aqueous Extract of Devil's Claw (Harpagophytum procumbens DC.) *Phytother. Res.* 2003, 17, 1165–1172.
- Al Hajj W. et al. Hydrolyzed collagen: Exploring its applications in the food and beverage industries and assessing its impact on human health – A comprehensive review. *Heliyon* 2024, 10, e36433.

- Moskowitz R.W. Role of Collagen Hydrolysate in Bone and Joint Disease. *Semin Arthritis Rheum*, 2000, 30 (2), pp 87-99.
- Debbi et al. Efficacy of methylsulfonylmethane supplementation on osteoarthritis of the knee: a randomized controlled study *BMC Complementary and Alternative Medicine* 2011, 11:50.
- Farì G. et al. Collagen Peptides, in Association with Vitamin C, Sodium Hyaluronate, Manganese and Copper, as Part of the Rehabilitation Project in the Treatment of Chronic Low Back Pain. *Endocrine, Metabolic & Immune Disorders - Drug Targets*, 2022, 22, 108-115.