

Gludat

Evidenze scientifiche sui principi attivi – Scientific evidences on actives

- Richie Jr et al., Randomized controlled trial of oral glutathione supplementation on body stores of glutathione; Eur J Nutr, 2015 Mar;54(2):251-63.
- Rushworth et al., Existing and potential therapeutic uses for N-acetylcysteine: the need for conversion to intracellular glutathione for antioxidant benefits; Pharmacol Ther, 2014 Feb;141(2):150-9.
- Guloyan et al., Glutathione Supplementation as an Adjunctive Therapy in COVID-19; Antioxidants (Basel), 2020 Sep 25;9(10):914.
- Zhang et al., N-acetylcysteine improves oxidative stress and inflammatory response in patients with community acquired pneumonia; Medicine (Baltimore), 2018 Nov;97(45):e13087.
- Gerry K Schwalfenberg, N-Acetylcysteine: A Review of Clinical Usefulness (an Old Drug with New Tricks); J Nutr Metab, 2021 Jun 9;2021:9949453.
- Comhair et al., Coenzyme Q in Asthma; Am J Respir Crit Care Med, 2015, 1;191(11):1336-8.
- Tian et al., GABAA-Receptor Agonists Limit Pneumonitis and Death in Murine Coronavirus-Infected Mice; Viruses, 2021 May 23;13(6):966.
- Seyedrezazadeh et al., Effect of vitamin E and selenium supplementation on oxidative stress status in pulmonary tuberculosis patients; Respirology, 2008 Mar;13(2):294-8.
- Chenoweth et al., The effects of antioxidant vitamin supplementation on expiratory flow rates at rest and during exercise; Eur J Appl Physiol, 2015 Oct;115(10):2049-58.
- Hamedifard et al., The effects of combined magnesium and zinc supplementation on metabolic status in patients with type 2 diabetes mellitus and coronary heart disease; Lipids Health Dis, 2020 May 28;19(1):112.
- Gu et al., Effect of vitamin D on oxidative stress and serum inflammatory factors in the patients with type 2 diabetes; J Clin Lab Anal, 2022 May;36(5):e24430.
- Rahman et al., Oxidative stress and human health; Advances in Bioscience and Biotechnology, 2012, 3, 997-1019.
- Abioye et al., Effect of micronutrient supplements on influenza and other respiratory tract infections among adults: a systematic review and meta-analysis BMJ Glob Health, 2021;6(1): e003176.
- Zanforlini et al., Clinical trial on the effects of oral magnesium supplementation in stable-phase COPD patients; Aging Clin Exp Res., 2022, 34(1): 167-174. 10.

- Di Silvestro et al., Effects of copper supplementation on ceruloplasmin and copper-zinc superoxide dismutase in free-living rheumatoid arthritis patients; *J Am Coll Nutr.*, 1992, Apr; 11(2): 177-80.
- Abuabat et al., Current opinion on the role of vitamin D supplementation in respiratory infections and asthma/COPD exacerbations: A need to establish publication guidelines for overcoming the unpublished data; *NPJ Prim Care Respir Med.*, 2019, 29(1):4.13. Anitua et al, *Clin Nutr.*, 2022, 41(3):755-777.
- Adam-Bonci et al., Vitamin D Supplementation: Oxidative Stress Modulation in a Mouse Model of Ovalbumin-Induced Acute Asthmatic Airway Inflammation; *Int J Mol Sci.*, 2021, 22(13): 7089.