

Evidenze scientifiche sui principi attivi - Linea Medronys

Medronys epato

- Curcio A. et al., Silymarin in Combination with Vitamin C, Vitamin E, Coenzyme Q10 and Selenomethionine to Improve Liver Enzymes and Blood Lipid Profile in NAFLD Patients, *Medicina*, 2020, 56, 544.
- Romano A. et al. The association of silymarin, vitamin C, vitamin E, coenzyme Q10 and selenomethionine for the treatment of Non-Alcoholic Fatty Liver Disease. *Journal of Gastrointestinal and Digestive System* 2019, Vol 9(1), 589.
- Hajaghamohammadi A., Ziaee A., Raei R. The efficacy of Silymarin in Decreasing Transaminase Activities in Non-Alcoholic Fatty Liver Disease: A Randomized Controlled Clinical Trial. *Hepatitis Monthly* Sett. 2008.
- Stephen A. Harrison, Sigurd Torgerson, Paul Hayashi et al. Vitamin E and vitamin C treatment improves fibrosis in patients with nonalcoholic steatohepatitis. *The American Journal of Gastroenterology* (2003).
- Ales Vidlara, Jitka Vostalovab, Jitka Ulrichovab et al. The safety and efficacy of a silymarin and selenium combination in men after radical prostatectomy- a six month placebo-controlled double-blind clinical trial. *Biomed Pap Med Fac Univ Palacky Olomouc Czech Repub.* 2010 Sep.
- Farsi F., Mohammadshahi M., Alavinejad P. et al. Functions of Coenzyme Q10 Supplementation on Liver Enzymes, Markers of Systemic Inflammation, and Adipokines in Patients Affected by Nonalcoholic Fatty Liver Disease: A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. *J Am Coll Nutr.* 2015 Jul 9.
- P. Ferenci , B. Dragosics , H. Dittrich. Randomized controlled trial of silymarin treatment in patients with cirrhosis of the liver. *J Hepatol.* 1989 Jul.
- Ales Vidlara, Jitka Vostalovab, Jitka Ulrichovab et al. The safety and efficacy of a silymarin and selenium combination in men after radical prostatectomy-a six month placebo-controlled double-blind clinical trial. *Biomed Pap Med Fac Univ Palacky Olomouc Czech Repub.* 2010 Sep.
- The Efficacy of *Silybum marianum* (L.) Gaertn. (Silymarin) in the Treatment of Type II Diabetes: A Randomized, Double-blind, Placebo-controlled, Clinical Trial.
- Paolisso G1, Balbi V, Volpe C, Varricchio G, Gambardella A, Saccomanno F, Ammendola S, Varricchio M, D'Onofrio F. Metabolic benefits deriving from chronic vitamin C supplementation in aged non-insulin dependent diabetics. *J Am Coll Nutr.* 1995 Aug;14.
- Ajda Skarlovnik, Miodrag Janic, Mojca Lunder Martina Turk, and Mišo Šabovic. Coenzyme Q10 Supplementation Decreases Statin-Related Mild-to-Moderate Muscle Symptoms: A Randomized Clinical Study. *Med Sci Monit.* 2014; 20: 2183-2188.

Medronys colesterolo

- Marchitto N. et al. Nutraceutical treatments for Hypercholesterolemia in dialysed patients. *Int J Med Nurs Appr.* (2020), 2:1, 29-32.

- Werner Englisch, Christoph Beckers, Markus Unkauf, Michel Ruepp, and Vsevolod Zinserling Efficacy of Artichoke Dry Extract in Patients with Hyperlipoproteinemia. *Arzneim.-Forsch./Drug Res.* 50 (I), Nr. 3 (2000).
- Hye Duck Choi & Yeo Kyu Youn & Wan Gyoon Shin Positive Effects of Astaxanthin on Lipid Profiles and Oxidative Stress in Overweight Subjects. *Plant Foods Hum Nutr* (2011) 66:363–369.
- Stacey Lockyer, Ian Rowland, Jeremy Paul Edward Spencer Parveen Yaqoob, Welma Stonehouse. Impact of phenolic-rich olive leaf extract on blood pressure, plasma lipids and inflammatory markers: a randomised controlled trial. *Eur J Nutr* (2017) 56:1421–1432.
- Giuseppe Derosa, Aldo Bonaventura, Lucio Bianchi, Davide Romano, Angela D'Angelo, Elena Fogari & Pamela Maffioli Berberis aristata/Silybum marianum fixed combination on lipid profile and insulin secretion in dyslipidemic patients *Expert Opin. Biol. Ther.* (2013) 13(11):1495-1506.
- Schmelzer C1, Niklowitz P, Okun JG, Haas D, Menke T, Döring F. Ubiquinol-induced gene expression signatures are translated into altered parameters of erythropoiesis and reduced low density lipoprotein cholesterol levels in humans. *IUBMB Life.* 2011 Jan;63.
- Rayman MP, Stranges S, Griffin BA, Pastor-Barriuso R, Guallar E. Effect of supplementation with high-selenium yeast on plasma lipids: a randomized trial. *Ann Intern Med.* 2011 May 17;154(10):656-65.
- Mahmoud Bahmani, Hedayatollah Shirzad, Mahmoud Mirhosseini, Endocrinologist, Azadeh Mesripour, and Mahmoud Rafieian-Kopaei A Review on Ethnobotanical and Therapeutic Uses of Fenugreek (*Trigonella foenum-graceum* L). *Journal of Evidence-Based Complementary & Alternative Medicine* 2016, Vol. 21(1) 53-62.
- Kaikkonen J, Nyysönen K, Tomasi A, Iannone A, Tuomainen TP, Porkkala-Sarataho E, Salonen JT. Antioxidative efficacy of parallel and combined supplementation with coenzyme Q10 and d-alpha-tocopherol in mildly hypercholesterolemic subjects: a randomized placebo-controlled clinical study. *Free Radic Res.* 2000 Sep; 33(3): 329-40.
- Rezazadeh K, Rahmati-Yamchi M, Mohammadnejad L, Ebrahimi-Mameghani M, Delazar A. Effects of artichoke leaf extract supplementation on metabolic parameters in women with metabolic syndrome: Influence of TCF7L2-rs7903146 and FTO-rs9939609 polymorphisms. *Phytother Res.* 2018 Jan;32(1):84-93.
- Hiroshi Yoshida, Hidekatsu Yanai, Kumie Ito, Yoshiharu Tomono, Takashi Koikeda Hiroki Tsukahara Norio Tada. Administration of natural astaxanthin increases serum HDL-cholesterol and adiponectin in subjects with mild hyperlipidemia. *Atherosclerosis* 209 (2010) 520–523.